Being Responsible

TOPICS: What I Know Now and Water Spillage

Our school delivers this topic in year(s): _____

Intent

Children begin to develop an early understanding of what it means to be responsible in everyday situations. They explore what they can do for themselves and how they can help others at home and at school.

Children begin to recognise the things they are responsible for and learn simple ways to prevent accidents, such as dealing with spillages safely.

They also learn the difference between responsible and irresponsible behaviour.

Curriculum Links

Statutory RSHE Links

General wellbeing; Personal safety; Respectful, kind relationships; Families and people who care for me; Basic first aid; Caring friendships

Knowledge & Skills Progression

What I Know Now - *Pupils can...*

- share their existing ideas about what they can do for themselves and what they are responsible for
- begin to recognise responsibilities they have at home and at school
- identify ways their responsibilities may change as they grow and become more independent
- suggest who can help and support them when they need guidance or assistance

Water Spillage - *Pupils should...*

- explain how you can help people around you
- understand the types of things you are responsible for
- know how and understand the importance of preventing accidents
- recognise the differences between being responsible and being irresponsible

I will learn the following new words/phrases:

I now know...

Responsibility	Something you are expected to do.
Responsible	To have control or be in charge of something. Capable of being trusted.
Accident	Something that is unplanned. It happens by chance and is often a negative event.
Honesty	To speak the truth.
Dishonest	To not tell the truth or to tell lies.





Ask me a question!

What are you responsible for?

What new things may you be responsible for as you grow?

How can we prevent accidents?

How can we be responsible in the classroom?

Feelings and Emotions

TOPICS: What I Know Now and Jealousy

Our school delivers this topic in year(s): _____

Intent

Children begin to develop an early understanding of feelings in everyday situations. They share their ideas about different emotions and recognise how feelings can affect their bodies and behaviour.

Children learn to name a range of feelings and understand the difference between pleasant and unpleasant ones.

They explore simple ways to express their feelings through words and actions and learn basic strategies to help manage uncomfortable emotions.

Curriculum Links

Statutory RSHE Links

General wellbeing; Caring friendships; Respectful, kind relationships

Wider PSHE Links

Careers education: aspirations, learning and work

Knowledge & Skills Progression

What I Know Now - *Pupils can...*

- share their existing ideas about different feelings and emotions they may experience
- begin to recognise situations that may cause different feelings
- identify a range of feelings in everyday situations
- suggest simple ways they and others can express and manage their emotions

Jealousy - *Pupils should...*

- identify and name difficult feelings, such as jealousy, and describe some physical signs they may notice
- know that these feelings are normal and begin to recognise helpful and unhelpful ways of showing them
- learn and practise simple strategies to manage difficult feelings in positive ways
- recognise that feelings can be shown through words, actions and body language

I will learn the following new words/phrases:

I now know...

Recognising	Identifying someone or something from previous experience or contact.
Loneliness	The feeling of being alone, even when people are around.
Frustration	Feeling upset or annoyed because you cannot change or achieve something.
Experience	Gaining knowledge or skill from doing, seeing, or feeling things.
Jealousy	A feeling of envy towards another person and what they have or can do.



Ask me a question!

Can you describe the feeling of jealousy?

Who can support us with our feelings/emotions?

How do we experience feelings and emotions in our bodies?

How can we reduce the unpleasant effects of negative emotions?